



Connection Through Experience

Being able to connect to others with similar, shared experience is central to developing the empowerment skills to address any behavioral health challenge. MAP provides a way for both the person seeking support and their family/friends to develop and maintain connection through shared experience.

Secure Connection Through Video or Phone

MAP's extensive experience providing peer support for addiction patients, who often have high rates of co-occurring mental illness, provides a natural expansion into servicing the needs of patients with specific behavioral health conditions.

MAP Specialists Support a Wide Range of Behavioral Health Conditions

- ✓ Adjustment Disorders
- ✓ Anxiety Disorders
- ✓ Bipolar Disorder
- ✓ Depression
- ✓ Eating Disorders
- ✓ Mood Disorders
- ✓ OCD
- ✓ PTSD
- ✓ Schizophrenia
- ✓ Substance Use Disorder

Making Lifestyle Changes

Emotions can surface after a major life event or life-altering diagnosis. Underlying behavioral conditions are at risk of worsening over time as emotions overpower commitment to focus on self-care.

These feelings are expected, but they can impede one's ability to stay empowered and commit to a healthy lifestyle.

MAP's strengths-based approach will help you achieve:

- ✓ Increased Empowerment and Hope
- ✓ Increased Social Functioning
- ✓ Increased Community Engagement
- ✓ Increased Quality of Life

Who is MAP?

Since 2011, MAP has been the leader in delivering certified peer support services and tracking outcomes for individuals and families seeking recovery from Substance Use Disorder (SUD). With many of these individuals suffering from co-occurring behavioral health conditions, MAP has leveraged its expertise in supporting SUD to support a broader range of BH conditions.

MAP's long-term success demonstrates sustained annual engagement of over 60% with patients and family supports.



Program Overview

- MAP's certified Peer Specialists will work with you and your family/friends to create a customized schedule that fits your needs
- Get paired with a Specialist who has walked the same path as you
- Build a trusted partnership with someone with similar BH conditions, cultural and demographic factors
- Improve your quality of life by learning the life skills necessary to stay empowered

MAP Peer Specialist Profile

- All MAP Specialists are nationally and state certified
- They must have 'lived' experience in behavioral health disorders or substance abuse
- Must be involved in some type of active support group themselves
- At least 3,000 hours of volunteer or paid support
- Full-time employees of MAP

Program Attributes

- Unlimited amount of calls – design your own touch schedule
- Connect remotely through video or phone-based sessions
- Access to 24/7 support
- Access to MAP's mobile application
- Family group sessions for family/friends/significant others
- Access to MAP's extensive network of BH resources

How to Get Started

If you are interested in participating or learning more, let us know. It's easy. Call **1-844-627-1449**
8AM-5PM Central time.

Choose MAP for long-term Peer Support and get connected to a certified specialist today.



Phone: 1-844-627-1449



Website: thisismap.com